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## Central West LHIN

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### Keeping seniors independent and healthy in their own homes

*September 2013* - Seniors in Caledon, Rexdale and Dufferin County will have more access to Assisted Living services thanks to new funding from the Central West Local Health Integration Network (LHIN). Caledon Community Services received \$332,629, while CANES Community Care and Dufferin County Community Support Services received \$250,000 in annual funding to expand Assisted Living Services for seniors.

“Continuing to invest in seniors who live in our communities is a big priority for the Central West LHIN,” says Maria Britto, Board Chair for the Central West LHIN. “Assisted Living is a cost effective way to enable seniors to live independently, and helps keep them out of the hospital. This program falls directly in line with two of our strategic directions which are improving access to health care services and ensuring better value for money.”

Assisted Living enables frail seniors and people with special needs to live at home with a little support such as personal care, homemaking, meal preparation, medication reminders, shopping and emergency response. Personal support workers visit clients and provide services based on their needs.

“Our partnership with the Central West LHIN continues to reap tremendous rewards for the Caledon community. Planning and delivering excellent community-based healthcare for seniors is in everyone’s interests,” says Monty Laskin, CEO of Caledon Community Services.

CANES Community Care provides services for seniors in Rexdale and this new funding will benefit the West Acres community. CEO Gord Gunning says, “We are thrilled that we will be able to expand our home care services into the community to better serve older adults with complex care needs and this initiative supports many of the recommendations contained in the Dr. Sinha report titled “Living Longer, Living Well”, he added.

Dufferin County Community Support Services, which operates under the umbrella of Dufferin Oaks Home for Senior Citizens, has also received funding approval for an Assisted Living Program. Seniors who desire to remain independent and living in their own homes in the community will receive a combination of personal support, homemaking, security checks and an emergency response service 24 hours a day, 7 days a week.

Patti Tardif, Manager, Dufferin County Community Support Services said the funding enabled the organization to fill an identified need in the community.

“We are appreciative for the Central West LHIN’s support for seniors living in Dufferin County” says Patti Tardif, Manager, Dufferin County Community Support Services. “Assisted Living will help provide our seniors with the services they need to continue living in their own homes as long as possible.”

The Central West LHIN plans, funds and integrates health care services in Brampton, Caledon, Dufferin County, North Etobicoke-Rexdale, Malton and Woodbridge.

**The Central West LHIN plans, funds and integrates health care services for the communities of Brampton, Caledon, Dufferin County, Malton, Rexdale and Woodbridge.**

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